**Week 1**

**Task 1: What measures have you taken to protect yourself from cyber crimes?**

Write a short description of the actions you have done to fortify you defenses towards all sorts of cyber crimes, including possible servers and accounts you have. Please keep in mind not to include any specific details, such as passwords or tokens.

Have you been a victim of cyber crimes and do you think you could have prevented them? For example phishing and malware attacks. What could you improve on?

Please keep your answer concise, but at minimum 150 words.

**Answer:**

In order to protect myself from cybercrimes, I've implemented several important actions to ensure my defenses. Firstly, I regularly update my operating system, software, and antivirus programs to patch known vulnerabilities. Additionally, I use strong, unique passwords for all of my online logins and use a reputable password manager to ensure their security. I have also enabled two-factor authentication (2FA) wherever possible to add an extra layer of security to my accounts.

To be safe from phishing attacks, I stay cautious when I click on links or downloading attachments from unknown sources. I always verify the integrity of emails and websites, especially when they request personal information. Moreover, I've educated myself on common phishing techniques and red flags.

While I haven't been a direct victim of cybercrimes, I understand the importance of vigilance. I recognize that even with precautions, no defense is absolute. To further improve my cybersecurity approach, I plan to stay updated on evolving new threats, enhance my knowledge of social engineering tactics, and consistently back up my data to prevent potential ransomware attacks.

By following these practices and continuously educating myself, I aim to reduce my susceptibility to cybercrimes and contribute to a safer online environment.